

Middletown High coaching students get hands-on experience

by Robin Maliszewskij

The kids have a really good time," said Middletown Elementary School (MES) physical education teacher Pat Fisher, regarding the joint program with Middletown High School (MHS) athletic teacher Tim Leber's *Introduction to Coaching* class.

This week, Leber's students worked with third-grade and fifth-grade classes at MES. With the third-grade classes, MHS students planned six stations that included various athletic activities such as football, soccer, bas-

ketball, obstacle courses, and monkey bars. Three or four MHS students manned each of the stations as the third-graders rotated through.

Later in the week, MHS students coached fifth-graders in flag football.

"We work very closely with MES PE teacher Pat Fisher to plan activities such as these," Leber said.

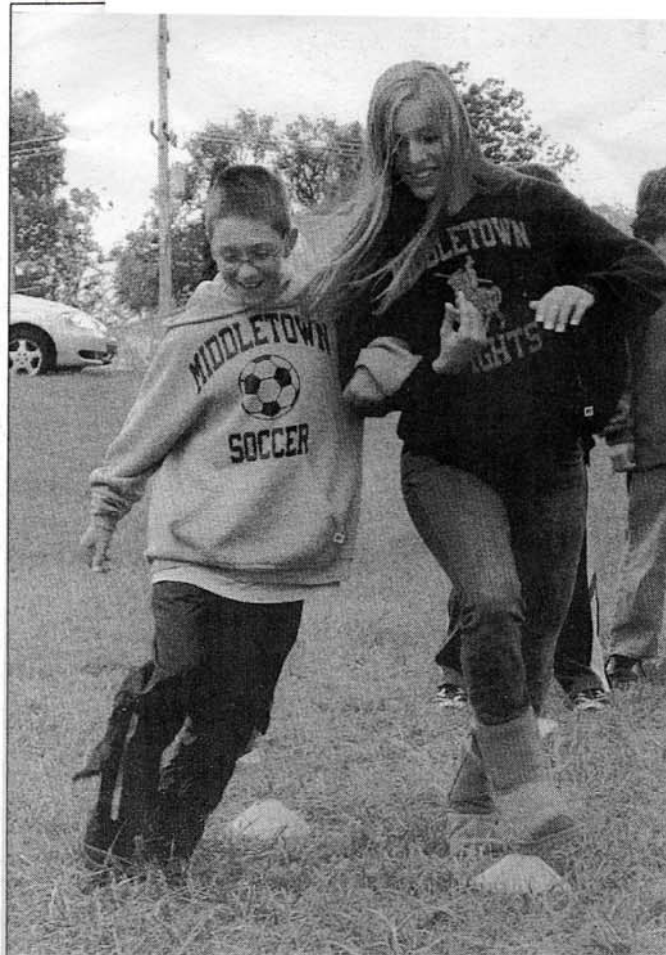
Leber said this is his third year teaching the coaching class, and he has 22 students this term. His extensive website for the class lists among class activities: learn

about effective coaches, identify personal leadership style, develop a coaching philosophy, work with youth leagues, participate in field trips to colleges, plan practice sessions, teach fundamental skills, create a plan for the season, motivate student-athletes, prepare PowerPoint presentations, develop nutritional plans, create off-season training programs, learn safety and first aid, and prepare scouting reports.

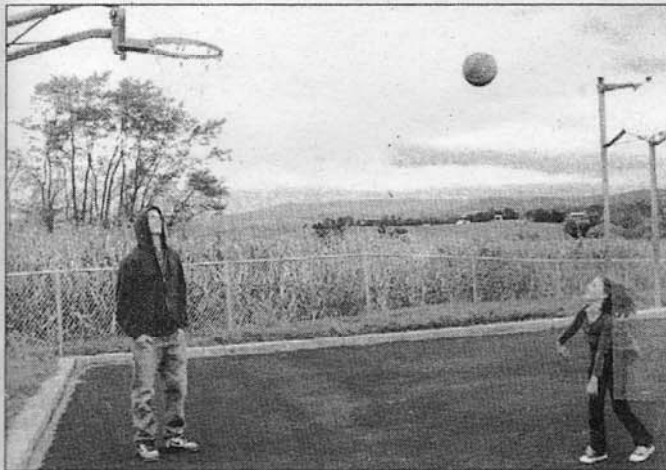
Add to that list, "provide a great day of fun to elementary school kids!"



MES third-grader Andrew Bradley returns the football to MHS coaching student Brooks Warrenfeltz, while other third-graders Connor Boyle and Avery Hanesworth look on. —Citizen/Robin Maliszewskij



High school student Alycia Giauque demonstrates a partnered obstacle course with third-grader Bobby Bromwell. —Citizen/Robin Maliszewskij



MHS student Dan Goldstein encourages third-grader Emma Miller as she attempts to make a basket. —Citizen/Robin Maliszewskij